

**SUPPORT GROUP &
INFORMATION FOR
PATIENTS & THEIR
FAMILIES**

**CROHN'S/COLITIS
SUPPORT GROUP**

Find the answers and support that you need to help you control your Crohn's or ulcerative colitis by participating in this information and support group.

Presenters include pharmacists, nurses, gastroenterologist, colon and rectal surgeons, psychologist and alternative health care experts.

This group is open for anyone to join at any time. Free babysitting will be provided for children provided you have pre-registered each month you plan to attend. Call 931-5777 to register.

703 Compton Road
Cincinnati, Ohio 45231

The Family Life Center

The Family Life Center
703 Compton Road
Finneytown, OH 45231
Third Mondays, 7-8:30 PM

January—June and
September—November



CROHN'S & COLITIS
FOUNDATION OF AMERICA



**A Caring Place
To Learn, To Heal,
To Share Feelings**

**A Faith-Based Outreach of
Northminster Presbyterian
Church**

Tel: 513-931-5777 for
information and for other
groups that provide help for
all ages and stages of
life & life issues .

Crohn's/Colitis Support Group
The Family Life Center
Third Monday monthly
7-8:30 PM

CROHN'S COLITIS SUPPORT AND INFORMATION

A diagnosis of Crohn's disease, colitis, or Inflammatory Bowel Disease (IBD), can be overwhelming. Whether you've been living with this for a while, you've just been diagnosed, or you have a loved one who suffers from these diseases, it is important to understand the impact of these diseases on day-to-day life.

Many people find it helpful to talk with another who has walked the path before. Support groups offer the opportunity to meet & share with others who are in the same circumstances, as well as learn from specialists in the field.

This group will provide information about:
 Living with Crohn's & Colitis

- Emotional Factors
- Depression
- Diet & Nutrition
- Current Research

Any additional information you would like. **Sources of Information:** The group facilitators utilize resources including speakers, books, hand-outs and group discussion. Books can be borrowed from the Family Life Center Library. Session design is flexible in order to address the specific needs of those who are participating.

Class Facilitators: Our group facilitators have been trained by the Crohn's Colitis Foundation of America to lead small groups.

FORMAT: Monthly sessions on one Monday evening, except for June-August and December; final group schedule still to be determined.

Each month our facilitators will cover a topic related to Crohn's/Colitis through book review, hand-outs and in small group discussion. The experience of group members contributes to the learning process. This group is designed around your concerns!

This group is privileged to be part of the Crohn's Colitis Foundation of America's Southwest Ohio Chapter network.

For help with any issue about these diseases, call the CCFA at 513-772-3550.

Free care will be provided registration-931- register.

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703 Compton Road
 Cincinnati, Ohio 45231

Bring or mail completed form to address above or fax to: 931-0260
 Phone: 931-5777,
 Email: flc@nmpchurch.org

Registration for Crohn's-Colitis' Support Group:

Sign up for:	Time	Price
<input type="checkbox"/> Third Monday every month	7-8:30 PM	FREE !!
<input type="checkbox"/> I will need child care during class		FREE !!
<input type="checkbox"/> Number of children:		
<input type="checkbox"/> Ages and names:		
<input type="checkbox"/>		
<input type="checkbox"/>		
Total:		FREE !!

Name _____

Address including zip code _____

Phone and e-mail _____

How did you hear about us? _____